



SHORT COURSE 2022

Triton Skill Development Team at Blairwood

ABOUT

The Triton Skill Development Team offers the perfect segue for 8&Under swimmers. Whether your swimmer(s) competed for a summer club team, or just love swimming but want an intermediate step prior to joining the Triton Swim Team, our Skill Development Team is the perfect place for your swimmer(s). Swimmers will have the option to sign-up for a USA Swimming full or flex membership depending on their desired level of commitment. This allows the swimmers to choose if they'd like to compete in meets alongside their teammates!

COACHES

Triton and Blairwood are lucky to have an all-star coaching staff leading the way for the Skill Development Team. The team of Coaches will be led by our Blairwood Swim Team and SHA Head Coach, Jim Luebbe. In addition to Jim, at least 1 other coach will be present at practice at all times.

PREREQUISITE SKILLS

Swimmers must be able to compete an entire 25-yard Freestyle and Backstroke without stopping. Legal Butterfly and Breaststroke are not required. Swimmer(s) must be at least 5 years old and 8 or younger.

INSTRUCTION

Instruction will be based on building strength in Freestyle and Backstroke, as well as learning the fundamentals of Butterfly and Breaststroke. In addition, race skills will be reviewed and developed – this includes, starts using the starting blocks, open and flip turns, and race strategy. The ultimate goal of instruction is to prepare these swimmers for their respective groups on the Triton Swim Team.

PRACTICE GROUPS

The Skill Development Team will offer 4 total groups that practice twice per week for one hour on Monday / Wednesday and Tuesday / Thursday afternoons between the hours of 4:30 – 6:30 PM in the Indoor Pool at Blairwood. These groups will be broken out by age groups and days of the week for practice. The age group breakdown will be 6 & U and 7 - 8 years old. These practices begin September 6th and go through March 31st, with breaks over Thanksgiving and Christmas.



MEET PARTICIPATION

The Skill Development Team members will have the opportunity to compete in USA Swim meets depending on the type of USA Swimming Membership that you select. If you select a Flex Membership, your swimmer will be eligible to compete in two meets. If you select a Full Membership your swimmer will be eligible to compete in all swim meets with the Triton Swim Team.

PRICING INFORMATION

The Skill Development Team will be at a cost of \$99 per swimmer per month. A \$10 discount per month will be awarded for additional swimmers (So, each in increment to 1 will be \$89).

Skill Development Team Members must either be a member of Blairwood or pay an annual facility fee of \$200 per swimmer. There are no discounts to this fee. This fee covers annual maintenance and facility improvement costs for The Blairwood Club. A USA Swimming Registration is required. The Flex Membership is \$20 per year while the Premium Membership is \$93 per year.

So, fee schedule below:

- Practice and Team Dues: \$99 per month
- Triton Swimming Registration Fee: \$100 - paid in two installments on October 1 and January 1. This is used for Skill Development Team t-shirts and Triton caps.
- USA Swimming Membership (Annual): \$30 (Flex) or \$95 (Full)
- Blairwood monthly Membership: Single Triton \$51.45, Couple \$82.95 (parent and child), Family \$103.95 (All are discounted to regular Club Memberships)
- Facility Fee (If not a member of the Club) - \$200 paid annually in month you join

GOAL

In closing, the Goal of the Triton Skill Development Team is to bridge your swimmer(s) from summer club or initial swimming experience to a year round swim team experience in the future. In addition, we hope to foster personal development and provide a fun, wholesome social setting for your swimmer(s) and family.